Theology threads NL

A New Life Church podcast with Dr. Brian Jenkins

Theology Threads | Season 8: Episode 7 Notes |Who Will You Choose To Be When You're In Control?

Summary
In this Theology Threads episode, Dr. Brian Jenkins continues his study of Joseph in Genesis, focusing on Genesis 44-45 and the question of who we choose to be when our choices finally return after years of hardship and delayed dreams. He highlights Judah's transformation, from the brother who suggested selling Joseph into slavery to the one who offers his own life to spare Benjamin, a picture of repentance and sacrifice that points ahead to Jesus. When Joseph reveals himself, he names what his brothers did ("whom you sold") while also freeing them from guilt, which Dr. Brian uses to distinguish forgiveness from reconciliation. Joseph's declaration that "you sold me, but God sent me" anchors the episode's focus on God's sovereignty, tied to Romans 8:28. Dr. Brian closes by challenging viewers to seek common ground, acknowledge the past honestly, and choose reconciliation over bitterness when their own moment comes.

You can email us with questions at hello@theothread.com

Reflection Questions

Reflect on a time in life where you chose a pattern of behavior repeatedly and over time were able to choose a different way. This can be any area of your life.

Think of a moment where you were able to forgive someone who deeply hurt you. And when you received forgiveness from someone you hurt. How did that feel?

Is there a tension or relationship that may need reconciliation in your life? Prayerfully consider that this week.